



THE CENTER
FOR THE STUDY OF
**HUMAN
HEALTH**

NATIONAL NUTRITION MONTH

Common Nutrition Misperceptions: Impacts on Health and Athletic Performance



Dan Benardot

PHD, DHC, RD, LD FACSM

Dr. Benardot's work on nutrition, specifically on within-day energy balance and related issues in competitive athletes, has been published in numerous scientific journals. His research has been funded by the US Olympic Committee, the Gatorade Sports Science Institute, the American Cancer Society, and the Atlanta

Falcons. He served as the nutritionist for the US Gymnastics Team at the 1996 Olympic Games, the US marathoners at the 2004 Olympic Games, and the US figure skaters at the 2010 and 2014 Olympic Games. Most recently he served as the nutritionist for the 2017 NFC Champion Atlanta Falcons professional football team.

This event is free and open to the public. For information on parking and accessibility visit www.humanhealth.emory.edu.

4:00 P M
MARCH 20, 2017

Emory University
Dobbs University Center
Harland Cinema
605 Asbury Circle, Atlanta, GA 30322